Please accept my apologies for the delay in sending this to you.  I believe you have had info in relation to adult carers.  This relates to young carers up to age 18.

Section 1

Requests for young carer assessments can be made via phone or email directly to the young carers assessment and development worker.

All Young Carers and Young Adult Carers are entitled to an assessment of their needs. This  is an opportunity to have a chat with a worker about the caring role and to identify any

support that might be beneficial to the young carer. Following this visit, information and short-term support, such as liaising with schools/colleges or referring to other services (counselling,

respite care etc.) can be provided. The assessment looks at the needs of the family as a whole and referrals for support for the care receiver can also be made.

Young carers who need ongoing support can be referred onto the 'Young Carers Project'. The project aims to reduce young carers isolation and enable young carers to spend time

together and have a break from their caring role. The project runs regular groups sessions throughout RCT and also organises trips and activities during the holidays. Young Carers are

allocated a key worker and can ask for individual 1-1 sessions with their key worker when needed.

Activity days and overnight stays are organised during the holidays and at weekends. Small group support sessions are also arranged and are tailored to meet the group's needs.

We also work closely with other departments such as our Leisure and Cultural Services to ensure that young carers have access to a wide range of opportunities.

The Young Carers Service organises a range of events and training aimed at supporting carers in their caring role and celebrating national events such as Carers Week and Carers

Rights Day.

Under 18's can be referred to the Eye to Eye youth counselling service which is a free counselling service for young people based in schools and the local community.

Young carers receive information and advice via the website, leaflets, face to face discussions, group sessions.

Our young carers service is provided by Action for Children who ensure that their staff are trained to fulfil their role.

RCT has 0.8fte for assessing young carers.

2023-24

129 young carers needs assessments were undertaken

It can take between 1 and 7 weeks from referral to when the young carer is informed of the outcome of the assessment, dependent upon priority

The role is at capacity because it also undertakes reviews and manages the carer ID card.

**Section 2**

We continue to fund a young carers project which is commissioned from Action for Children.

The project provides groupwork for young carers, groupwork for sibling carers, 1:1 sessions, social events and opportunities e.g., a choir.